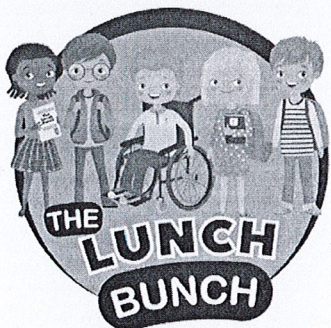




EAT SMART WITH THE LUNCH BUNCH

ea catering
WEEK 3

04 September
02 October
30 October
27 November

MONDAY

MAIN COURSES

Golden Crumbed Fish
Fingers

Or

Mighty Mac 'n' Cheese
with Garlic Bread Slice

SIDES

Baked Beans &
Broccoli & Coleslaw

Mashed Potatoes

DESSERT

Artic Roll with
Peaches

TUESDAY

MAIN COURSES

Beef Meatballs with
Italian Tomato & Basil
Sauce

Or

Margherita Pizza

SIDES

Garden Peas & Salad

Oven Baked Potato
Wedges, Pasta

DESSERT

Shortbread, Milk
Shake & Fruit

WEDNESDAY

MAIN COURSES

Chicken Goujons

SIDES

Sweetcorn, Pasta

Mashed Potato, Chipped
Potatoes

DESSERT

Strawberry frozen
mousse & Fruit

THURSDAY

MAIN COURSES

Beef Burgers in a Bap

SIDES

Beans

Mashed Potato, Chipped
Potato & gravy

DESSERT

Rice Krispies squares,
fruit

FRIDAY

MAIN COURSES

Christmas Dinner

SIDES

DESSERT

MILK, WATER, BREAD AND
FRESH FRUIT AVAILABLE DAILY

MENU MAY CHANGE DUE
TO DELIVERY CHANGES

IF YOU REQUIRE ANY ADDITIONAL INFORMATION ON ALLERGENS OR
SPECIAL DIETS PLEASE CONTACT YOUR SCHOOL