

# PRIMARY MENU 2018 St Francis

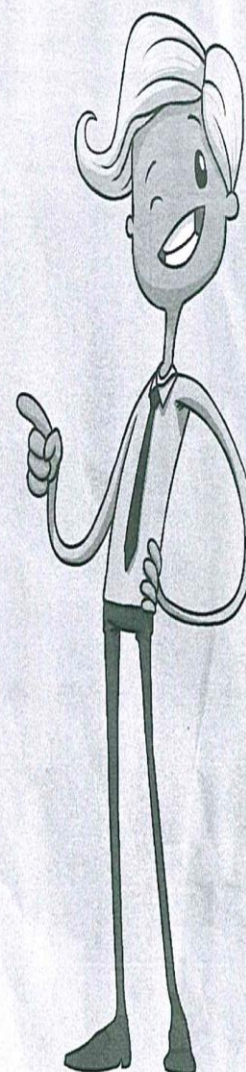
# school food

*Try Something New today*

[www.schoolfoodni.com](http://www.schoolfoodni.com)

**Bread, Fresh Fruit,  
Yoghurt, Milk and Water  
are available daily.**

If you require any additional information on allergens or special diets please contact the school in the first instance.



	Monday	Tuesday	Wednesday	Thursday	Friday
Menu 1 Oct 14th week 1	Chicken Curry with Brown Rice and Naan bread Brown Stew, Broccoli, Mashed Potato Selection of Breads  Sponge Cake & Custard or Fruit or Yoghurt	Chicken Nuggets + Dips Chicken Sweet Chilli & Brown Rice, Sweet corn Selection of Salads Mashed Potato, Chips Selection of Breads  Ice cream & Jelly, Wafers Fruit or Yoghurt	Pasta Bolognaise Homemade Pizza Mashed Potatoes Salad Bar Selection of Breads Rice Pudding & fruit Fruit Pot & Cookie Custard or Yoghurt Fruit	Roast Turkey with Stuffing and Gravy Diced carrots Dry Roast Mashed Potatoes Selection of Breads  Chocolate Cake & Custard or Fruit or Yoghurt	Steak burger in bap Cod Fish Fingers Tuna Wraps, peas, Salad Bar, Gravy Mash Potatoes, Chips Crusty Bread Frozen Strawberry Mousse & Fruit, Yoghurt
21st week 2	Pasta Bolognaise Homemade Pizza Crusty Bread Broccoli, Mashed Potato Selection of Breads  Apple Pie & Custard or Fruit or Yoghurt	Chicken Curry & Brown Rice with Naan Bread or Steakburger in bap Sweet corn Mashed Potato, Chips Selection of Breads  Fruit muffin & Custard Yoghurt or Fruit	Cod Fish Fingers Chicken Sweet Chilli & Brown Rice, Broccoli, Mashed Potato Crusty Bread, Naan Bread  Jelly & Ice Cream, wafers Fruit or Yoghurt	Roast Turkey with Stuffing and Gravy Cauliflower Cheese Diced carrots Dry Roast Mashed Potatoes Selection of Breads Chocolate Cake & Custard or Fruit or Yoghurt	Halloween lunch Chicken Nuggets Lasagne Healthy Garlic Bread Selection of Salads Peas & Sweet corn, Chips Selection of Breads Ice Lollies, Fruit, Yoghurt
Halloween Week 28th week 3.					
4th NOV week 4	Chicken Curry with Brown Rice and Naan Bread or Homemade Pizza Peas, Selection of Salads Mashed Potato, Pasta  Swiss Roll & Custard Fruit, Yoghurt, Fruit pot	Sweet & Sour Chicken & Brown Rice Steakburger in a Bap with Onions or Salad Selection of Breads Mash Potatoes, Chips  Rice Pudding & Fruit or yoghurt, Fruit or Cookie	Roast Turkey, Stuffing and Gravy Diced Carrot, Broccoli Dry Roast and Mashed Potatoes Selection of Breads  Chocolate Sponge & Custard, Fruit or Yoghurt	Spaghetti Bolognaise or Cod Fish Fingers Sweetcorn Selection of Salads Mashed Potato Selection of Breads  Jelly & Ice Cream, Wafers or Fruit or Yoghurt	Chicken Goujons Chicken Wraps Tuna Wraps Baked Beans, Salad Bar, Chips, Mashed Potato Selection of Breads  Frozen Strawberry Mousse & Wafers, Fruit