

PRIMARY MENU 2019 St Francis

	Monday	Tuesday	Wednesday	Thursday	Friday
Menu 2 week 1 4th Feb	Chicken Curry with Brown Rice and Naan Bread. Steak burger in bap, Peas, Pasta Mashed Potato Selection of Breads Swiss Roll & Custard or Fruit & Yoghurt	Oven Baked Chicken Goujons, Dips Sweet & Sour Chicken & Rice, Sweet corn, Salads Mashed Potato, Chips Crispy Bread Frozen Strawberry Mousse & Wafers, Fruit & Yoghurt	Roast Turkey, Stuffing and Gravy Baton Carrots, Broccoli Dry Roast and Mashed Potatoes Selection of Breads Chocolate Cake & Custard Fruit & yoghurt	Pasta Bolognaise & Healthy Garlic Bread or Homemade cheese & Tomato Pizza Peas, Selection of Salads Mashed Potato Ice cream & Jelly, fruit Yoghurt	Oven Baked Sausages Tuna Wrap Chicken Wraps, Baked Bean, Sweetcorn Mash Potatoes Chips Crispy Bread Cookie & Fruit or Custard Fruit or Yoghurt
Week 2 5th Feb	Spaghetti Bolognaise Plain or BBQ Chicken Gravy, pasta Selection of Breads Peas, Mash Potato Fruit or plain Sponge & Custard or Fruit & Yoghurt	Chicken Curry & Brown Rice with Naan Bread Steak Burger in Bap Crispy Bread Selection of Salads Mashed Potato, Chips Chocolate Frozen Mousse & Wafers, Fruit or Yoghurt	Cod Fish Fingers or Salmon Cakes Chicken Pasta Carbonara Mixed Vegetables, Pasta Mashed Potato Selection of Bread Ice Cream & Jelly, Wafers Fruit & Yoghurt	VALENTINE'S DAY Homemade Margherita Pizza. Chicken or Tuna Wraps & Sweet corn, Pasta Crispy Breads, Salad Mash Potatoes Chips Ice Lollies or Fruit Yoghurt	Roast Turkey, Stuffing Gravy, Carrots Mash Potatoes Oven Roasted Potatoes Crispy Bread Chocolate Cake & Custard Fruit or yoghurt
week 3 18th Feb	School closed week starting 18th Feb				
week 4 25th	Chicken Curry & Rice Savoury Mince Peas, Pasta, Mashed Potato Naan Bread or Crispy Bread Plain or Jam Cake & Custard, Fruit Pot or Yoghurt	Grilled Pork Sausages Sweet & Sour Chicken & Rice Baked Beans Mash potatoes, Chips Crispy Bread. Rice Pudding & Fruit Shortbread or fruit, Yoghurt	Roast Turkey with Stuffing and Gravy Broccoli, Diced carrots Dry Roast and Mashed Potatoes Selection of Breads Chocolate Cake & Custard Fruit, Yoghurt	Spaghetti Bolognaise Cod Fish Fingers Healthy Garlic Bread Sweet corn, Pasta Mashed Potato Selection of Breads Ice cream pots & Wafers Fruit or Yoghurt	Oven Baked Chicken Goujons, Dips Home Made Pizza Sweet corn, Salads Mashed Potato, Chips Crispy Bread Frozen Strawberry Mousse & Wafers, Fruit & Yoghurt

School food

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Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily.

If you require any additional information on allergens or special diets please contact the school in the first instance.

